

Our First Meeting: *a planning worksheet*

Before you undertake anything significant in your life that's new, it can be helpful to take a few minutes to do some planning. This worksheet walks you through some common sense steps to plan a first meeting with your mentee.

Basic Background Information

My mentee's name is: _____

School: _____ Grade: _____ Age: _____

Thinking about the first meeting

Typically, first meetings allow two people to get to know a little bit about each other, attach a face to a name and gain a bit of comfort. To do so, you need to think about some conversation starters.

What are some things I could tell my mentee about myself that would help us to get to know each other a little bit? What about me and my life story might be interesting and relevant to this young person?

What are some questions I could ask my mentee to know him/her a little bit without prying (Write down some possible open-ended questions)

Here is a list of some possible questions that will help you to get to know each other?

What are his/her favorite...

Food?

TV Show?

Sport?

Color?

Who is in their family?

What pets do they have?

What kind of music do they like?

Have they ever lived in another state or country? Where?

Where were they born?

What do they do in their spare time?

Are they allergic to anything?

What color are their eyes?

Are they double jointed?

Can they do a cartwheel or stand on their head? (Prove it)

What kind of job would they like to have some day?

What is their favorite joke?

What kind of movies do they like?

Are they right or left handed, or ambidextrous?

What size shoes do they wear?

Can they swim?

Can they touch their nose with their tongue? (Prove it)

What is their favorite ice cream flavor?

What is their best subject in school?

What are they most proud of?

Which is their longest toe? (Prove it)

What makes them...

Sad?

Happy?

Mad?

Can they speak a language other than English?

What's the weirdest thing they have ever eaten?

What's something they would really like to try?